

## MISS WORLD-PHILIPPINES DONATES TO PGHMF

Miss World Philippines held its Gala Night at the Manila Hotel last September 13, 2011. It was a colorful event attended by prominent personalities in high society, politics and business.

What is more interesting, however, was when it was announced by Miss World local representative, Ms. Cory Quirino its donation to PGHMF, one of the quest's major beneficiaries. The donation was personally received by the PGHMF President Dr. Gregorio T. Alvior Jr. This donation will truly enhance the foundation's capability to support the underprivileged patients of PGH.

It proved that the event is not purely a beauty contest, as it exemplifies its motto: "Beauty with a Purpose".



*Miss World Philippines 2011 candidates together with Dr. Gregorio T. Alvior Jr. and Ms. Cory Quirino during the pre-pageant Gala Night.*

## Swing for a Cause

The PGH Medical Foundation, Inc. cordially invites you to its annual golf tournament, dubbed PGH Director's Cup '11. The said tournament will be held on 07 November 2011 at The Orchard Golf and Country Club in Dasmarinas Cavite for the benefit of PGH Charity Patients Fund. Shotgun tee-off is at 8:00am which will be followed by an awarding ceremony and luncheon.

Raffles and giveaways will be awarded to participants to make the event more exciting and memorable. Tickets for the tournament are priced at Php 3,500 which are inclusive of a buffet lunch. Tickets are available at the PGHMF office located at the G/F Nurses' Home, PGH Compound, Taft Avenue, Ermita Manila or call at (02) 536-2874, (02) 567-4272, (02) 554-8400 ext. 3061.

This year's event is presented by PGH Medical Foundation, Inc., Coca-Cola Philippines and All Asian Countertrade, Inc.

The annual event is being undertaken to address the growing needs of indigent patients of PGH.

**Proudly Presents**

# PGH

## DIRECTOR'S CUP '11

### GOLF TOURNAMENT

for the benefit of the PGH Charity Patients Fund

November 07, 2011, Shotgun TEE-OFF Time 8:00AM  
 Orchard Golf and Country Club  
 Km 27, Aguinaldo Highway, Dasmarinas, Cavite

**TICKET PRICE: Php 3,500.00** (includes food, caddy fee, golf cart, green fee, raffle and giveaways)

For Sponsorships and Tickets  
 Please CALL and Look for Andy, Yennie, or Miley at  
 536-2874, 567-4272, 554-8400 ext 3061



## From the President



**Dr. Greg Alvior, Jr.**

Once again I am appealing to our friends and alumni from UP-PGH to help us establish an Endowment Fund to ensure the foundation's financial survival.

For the past 8 years, the foundation exists as "*isang kahig, isang tuka*", in spite of some big donations, as these are restricted to specific projects. Office maintenance and other operating expenses are derived from certain portions of proceeds from fund-raising activities, managed funds and funds designated as general funds.

Unlike other foundations created by the business corporation which are fully subsidized by their mother company, PGHMFII depends on donations and special fund-raising events.

The PGHMFII's survival is dependent on an Endowment Fund that would provide certainty and viability, which you could provide.

*Greg Alvior, Jr., MD*  
President PGHMFII

## RETURN SERVICE AGREEMENT

The newly installed President of the UP System, Dr. Alfredo Pascual announced during his commencement speech before the UP Manila graduation exercises last 15 April 2011 that the university will issue a campus-wide implementation of a Return Service Agreement (RSA).

The implementing rules (IRR) of the agreement as issued by the Alumni Relation and Placement Office of UP Manila requires that UP Manila students, otherwise called "*Iskolar ng Bayan*" shall render service to the country after their graduation, which shall take effect beginning school year 2011-2012. The policy enjoins all UP Manila colleges and units, including the PGH to strictly implement the RSA that was approved during a Board of Regents (BOR) meeting as early as 18 December 2009.

The forum "Giving: Join The New Revolution" organized by the PGHMFII during the following month at the Buenafe Hall of the College of Medicine, was however inspired by the lecture of UP Professor Winnie Monsod in her Economic class and viewed through Youtube, coincided with the implementation of the policy, thereby, reinforced and instilled the value of "giving back" into the consciousness of the academic community.

He told us that, "In as much as ye have done it unto one of the least of [these] my brethren, ye have done it unto me"

(Matt 25:40)

## THE WIND BENEATH OUR WINGS

### OUR OFFICER:



**Mrs. Agnes Essem B. Perez**

Being the wife of a prominent neurologist, and having attained the social status anyone would have longed for, she could be expected to just relax and savour such good life.

But Mrs. Agnes Essem B. Perez, Ma'am Essem to most of us, opted otherwise; and preferred to be engaged in activities that are meaningful to society. She busies herself in civic and professional endeavors, such as being the Past President & Co-Founder of the University of the Philippines College of Nursing Foundation, Inc., an active elected member of the University of the Philippines Alumni Association, co-incorporator and Treasurer and member of the Board of Trustees of the PGH Medical Foundation, Inc., and former president of the UP College of Nursing Alumni Association, to name a few. The requirements of these involvement have occupied her days that makes one wonder where she gets all her energy.

Ma'am Essem is a UPCN graduate, who practiced her profession initially at PGH until other endeavors compelled her to devote her time and attention to other worthwhile concerns, most especially in caring and rearing a family of future doctors.

She is one lady whose relentless drive to lead a purposeful life is truly worth emulating.

### OUR MEMBER:



**Ms. Daisy Zapanta-Nodque**

What work ethics are required of an employee? These are: dedication to duty and loyalty to the institution. A former Asst. Director for Administration, Mrs. Daisy Zapanta-Nodque, now the Chief of the Public Assistance and Auxiliary Services of the PGH answers both these attributes.

For 35 years, she has been spending her career life at the PGH where she rose from the ranks; and delights in narrating her experiences with the varied temperament and leadership style of several hospital directors whom she had officially assisted. These experiences developed her skill, knowledge and positive work attitude to act in various organizational situations; which she further enhanced when she pursued a post-graduate program in Government Management at the UP College of Public Administration and the Philippine Christian University.

Her exposure in these positions opened her heart and mind to the plight of marginalized patients who throng the hospital for various medical conditions that led her to join an advocacy which assists in responding to these needs – the PGHMFII. She is now a member of its Executive Committee where she lends her insights and actual experiences on how the foundation could address the various concerns of the hospital and its patients. She likewise, believes that these temporal needs may ... *continue on Page 3*



## ART EXHIBIT

The Saturday Group – a group of well known and respected local visual artists, gathered last July 16, 2011 at the Shangri-La Mall in Ortigas for their 43<sup>rd</sup> anniversary exhibit.

The exhibit was opened by a ribbon-cutting ceremony led by Mme. Lolita Escobar-Mirpuri, PGHMF Corporate Secretary and assisted by Mr. Noel Gonzales of Muebles Italiano and Dr. Gregorio T. Alvior Jr. PGHMF President.

Among the artists—exhibitors were Messrs Francis Nacion, Hermes Alegre, Fernando Sena, Mauro Malang Santos, to name a few, who have committed to donate their art work for the forthcoming fund-raising art auction of the PGHMF on February 16, 2012. The proceeds of the auction will benefit the PGH Charity Patients Fund.



## AUGUST BIRTHDAY CELEBRANTS

The PGHMF held its monthly Executive Committee meeting last August 26, 2011 at the Alvior Hall, College of Medicine. It also took the opportunity to honor the organization's birthday celebrants for the month. The honorees were: Dr.

Greg Alvior-President, Ms. Jennie Zamora-BOT and Execom member, Ms. Milen Ruiz-PGHMF's Executive Director, and members Engr. & Mrs. Manny Freires.

The meeting, followed by the birthday celebration was well-attended with no less than its founder, Dr. Antonio Montalban, other officers and members of the foundation and guests. Ms. Immaculada Ortoll-Mutuc, a donor for the OPRHCC was also present.



*From Page 2... Mrs. Nodque*

be answered through spiritual intervention which could be invoked by rendering lay ministry service in the hospital's Christian community and in the parish where she resides.

She is particularly proud of her family whom she considers her greatest blessings; and shows her appreciation and gratitude by living up to the passage written by Etienne de Grellet

*"I shall pass this life but once – Any good, therefore, that I can do, let me do it now. Let me not defer for I shall never pass this way again"*

### Reflections

We are blessed stewards of things we now enjoy – this is a noble truth!

We are bound to realize two things:

First, an appreciation that we have been immensely blessed by God, and

Second, that we are called to share what we have to those who have none.

The appreciation of our gifts should give way to generosity.

Such generosity is exemplified in the person of Jesus who gave up even the last of his breath.

While the world prods us to acquire and accumulate – Jesus exhorts us to go and give

When we are a grateful receiver

We are also generous givers.

Words of wisdom by Claretian Fathers –  
Claretian Publication 2011



## Miss World Philippines' Gala and Pageant Night



(L-R) Ms. Cory Qurino, Miss World 2010 Alexandria Mills, Ms. Virgie Lane and Mme. Lolita Escobar-Mirpuri



Dr. Gregorio T. Alvior Jr. together with the Britanico family



PGHMFI officers with Miss World Philippines donor



(L-R) Mr. Noel Gonzales, Mme. Lolita Escobar Mirpuri and Dr. Gregorio T. Alvior Jr.



Final 5 of Miss World Philippines



Dr. Gregorio T. Alvior Jr. and Mme. Lolita Escobar Mirpuri together with Etihad Airways flight attendants (co- sponsor of the pageant)



## Our Beneficiaries



John Christian – a 9 year old boy, suffering from a congenital heart defect was brought to the attention of PGHMF by the TAN YAN KEE Foundation, Inc. for assistance to facilitate admission at the PGH. The PGHMF coordinated with the Dept. of Pediatrics Cardiology Section for his admission and subsequent surgery which was done last February 2011. He is scheduled for another procedure—an open heart surgery before the end of the year.

Larry, a 32 year old construction worker came to the PGHMF for financial assistance. He was suffering from a giant tumor of the right knee requiring several laboratory and surgical procedures which are beyond his financial means. The PGHMF with assistance of some of its donors, particularly Melvin Siy Ngu sponsored the procedures. He is now recovering from surgery performed last August; and most grateful to the foundation for giving him a better quality of life.



*Before the Operation*



*After the Operation*



*Before*



*After*

A seven month old boy, born of poor parents with six other siblings, was diagnosed with acute respiratory syndrome, and empyema thoracis and was admitted at the PGH Dept. of Pediatrics where he underwent chest tube thoracotomy last 4 Sept. The attending physician requested assistance from the PGHMF for a chest CT scan which was done in 7 September.

Presently, the patient has improved significantly where his endotracheal and chest tubes had been removed. He is being continuously managed through antibiotics until his complete recovery.

Several patients suffering from *HYDROCEPHALOUS* come to the foundation for financial assistance. While it has a restricted fund for this type of illness, it is never enough to satisfy the volume requirements for the management of these patients and is often depleted.

The foundation is appealing to kind-hearted individuals and business corporations to help re-build and sustain the fund, therefore allowing the foundation to continue its mission.



Selphie Sunshine – is a one year old girl suffering from a congenital ventricular septal defect. She was confined in a Makati City hospital where her condition called the attention of the CEO of Miss World Limited during her visit to the hospital; and offered to sponsor her surgery.

Miss World Philippines coordinated with the PGHMF for the necessary arrangement with the PGH. The Dept. of Surgery Thoracic and Cardiovascular Surgery Section performed the successful operation last June 2011.





## In the Kitchen with Greg



### Tagliatelle with Seafood and Mushroom

#### Ingredients:

- ½ box of Tagliatelle Pasta (250mg)
- ½ pound of shrimp, shelled and deveined (May use other seafood such as scallops, mussels, or clams)
- 5 big pcs of shitake mushroom, sliced. (Fresh, dried and julienned. If dried is used, soak in warm water for an hour before use)
- ½ medium size stalk of imported leek, julienned
- 4 pcs of Anchovies (optional)
- Olive Oil ( 4 tbsps)
- Fresh Heavy Cream (1 cup)
- Parmesan Cheese , freshly grated
- ½ stick of butter (optional)
- Salt and Pepper to taste
- 1 cup chicken stock
- 1 big onion, diced
- 5 cloves of garlic, minced
- Basil leaves, julienned

One of the most versatile dishes there is—pasta. One can cook up any kind; whatever ingredients are available in your fridge for the sauce, and can have a delightful meal. It is a complete meal in itself. You can have seafood, beef, chicken, sausage or vegetarian pasta. The quality of your dish will depend largely on the ingredients. Sauces can either be cream, tomato or olive oil-based. The secret is that all the ingredients should meld and be eaten hot, fresh from the pot.

Pasta is supposed to be of Italian origin; although, it was thought that Marco Polo brought the idea from China. Nowadays though, pasta is internationally known and is ubiquitous in most parties. It could be a simple pasta in olive oil and garlic, or it could be a complex dish with various meats and vegetable.

#### PROCEDURES:

1. On a large pan, heat olive oil and stir in onions.
2. When translucent, add minced garlic followed by anchovies and sliced mushrooms. Saute' until mushroom is tender.
3. Add leeks
4. Add chicken stock and simmer.
5. Meanwhile, cook the pasta in a big pot of water with 2 tbsps of salt. Cook for 9 minutes. (Do not overcook. Be sure pasta is al dente). If you are using fresh pasta, cooking time is only 2 minutes. Save cooking liquid.
6. When mushrooms are tender, stir in shrimps until pink then add heavy cream.
7. Add salt and freshly ground pepper to taste.
8. After it boils, stir in the cooked pasta until the sauce is thoroughly mixed. If sauce is insufficient, add some water from cooking liquid.
9. Turn off the heat and add ½ stick of butter and mix until butter has melted.
10. Sprinkle with freshly ground parmesan cheese.
11. Add julienned basil leaves.

Serve with freshly grated parmesan cheese on the side.

**Voila! Bon Appetit**

## The Best Ice Cream in Town

What started as a hobby and to utilize the extra milk from the Magsaysay dairy farm is now the talk of a gourmet crowd who loves ice cream. Mr. Paco Magsaysay uses only the best ingredients which include fresh milk from the dairy farm, the best chocolate available, tahitian vanilla, fresh strawberries from the mountain province, quality brandy (when required) is used as one of the ingredients, and crunchy pecans. The result is a creamier, denser, fresh- tasting ice cream that can give any well-known brand a run for their money. The ice cream labeled Carmen's Best, named after Paco's daughter, can only be availed of at the following numbers: +639166235956 or 815-4406. It comes in different flavors but the best one, as far as I am concerned, is the Butter Pecan which is to die for. . A portion of the sales proceeds of the ice cream is donated to PGH Medical Foundation Inc, the companies response to the concept of corporate social responsibility.



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## ENDOWMENT FUND CORNER



*Dr. Bienvenido V. Cabral (center) donates to the foundation for the Endowment Fund project. Also in photo are PGHMFI officers. (L-R) Dr. Alfonso Doloroso, Dr. Edward Tordesillas, Ms. Jennie Zamora, Mme. Lolita Escobar-Mirpuri, Dr. Gregorio T. Alvior Jr., Mrs. Agnes Essem B. Perez and Mr. Paco Magsaysay*



*Tracsom Builders, represented by Mrs. Sally Maliuang joined the Endowment Fund project. PGHMFI officers and members witnessed the handing of the check.*



*(L-R) Luis Montoya—MediCard Vice President for Special Projects, Ms. Milen J. Ruiz—PGHMFI Executive Director and Aris Salas—MediCard Treasurer during the confirmation of their membership to the Endowment Fund project.*



*Megaworld donates to the Endowment Fund project through the effort of Ms. Jennie Zamora*

The PGHMFI, in its desire to achieve financial stability, continues to explore other strategies to attain this. It has decided to create an Endowment Fund to enable it to sustain its support to its various programs and projects for the PGH and its marginalized patients.

The foundation has embarked in various fund-raising projects, such as, golf tournaments, art auctions, concerts, as well as receiving direct monetary and material contributions from individuals and business corporations. However, these are never enough due to the various and continuing requirements to satisfy its mission.

The PGHMFI has launched the establishment of an Endowment Fund. One mode to create this, is through a corporate membership scheme in which member corporations are levied an annual membership fee in exchange for certain benefits. Another scheme is to approach financially able civic-minded individuals to contribute to the Fund. The foundation wishes to perform its role in providing health services through the PGH and thus, contribute to the government's millennium development goal for a healthy citizenry.

Among the companies that have committed are: Liberty Flour Mills, Tracsom Builders, Coca-Cola Philippines, Muebles Italiano, MediCard, and Megaworld.

Private individuals who have likewise responded are: Dr. Manuel Canlas and Dr. Bienvenido Cabral Family.

The foundation is hoping to inspire more entities and individuals to contribute to the Fund.

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*God Loves a Cheerful Giver*

2 Corinthians 9-7

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## PGHMF Partners:



Web Developer—Our Partner Agency in PGHMF E-Newsletter for email distribution



Supports the PGHMF Save a Life "Coin Canister" Program



LIGHT RAIL  
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Supports the PGHMF  
Save a Life "Coin  
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Philippine Development Foundation (subsidiary of Ayala Foundation) our Partner Agency for collections of PGHMF donations abroad especially in the US. Check our website at [www.pghmedfoundation.com](http://www.pghmedfoundation.com) for ways to donate.



Every time you buy a pack of the 100% Whole Grain Bread of The French Baker, PGHMF receives a one peso (Php1.00) donation.

## Donors (Jun—Aug 2011)

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